

Minutes



INNER EAST HEALTH & WELLBEING SUB GROUP
DATE/TIME: 9th September 2013, 9am, Reginald Centre
CHAIR: Cllr Roger Harington

1.0 Present: Councillor Roger Harington (CRH), Liz Bailey (LB), Louise Cresswell (LC), Janet Smith (JS), Andrew Birkbeck (AB)

Apologies: Councillor Ron Grahame (CRG), Cllr Vonnie Morgan (CVM)

ITEM DISCUSSED	ACTION
1.00	<u>Minutes & matters arising</u>
1.1	The minutes were approved as an accurate record.
1.2	<ul style="list-style-type: none"> <li data-bbox="284 1055 1380 1211">• CRH reiterated his request to be invited to the next Harehills Obesity meeting – LB has spoken to Alison Cater previously but was told a meeting date hadn't been set. She will re contact Alison and ensure this happens. LB <li data-bbox="284 1240 1380 1464">• CRH said he had met with Rachel McCormack (Environmental Services) to talk about Shisha bars in the area. CRH expressed his frustration that the prosecuting of offenders was so difficult. JS said this issue that warrants a higher profile at Tasking meetings. CRH said he would be contacting licensing to establish the procedure for prosecuting premises that flout the smoking ban. CRH <li data-bbox="284 1494 1380 1615">• Chris Dickinson (Head of Commissioning – Environment and Neighbourhoods) has promised to make contact with CRG about Butterfield Manor. AB to check that this has happened. AB <li data-bbox="284 1644 1380 1839">• Prior to the meeting, LC had provided a list of 3rd Sector providers currently working in the Inner East area. CRH had a number of questions about the work of the providers which LC agreed to expand upon in time for the next meeting. LB to speak to Mark Phillott in ASC to check for any duplicate commissioning. LC/LB <li data-bbox="284 1868 1380 1944">• LB circulated some leaflets and information relating to the Samaritans that AB said he would pass on to CRG. AB
2.00	<u>Health Tracker</u>
2.1	LB, JS and LC presented a matrix of projects that their team is currently LB

2.2	involved in the Inner East area. Members had agreed that this should be a working document to be regularly added to and updated for the group's reference. The matrix is attached as an appendix to these minutes.	
3.00	<u>Any Other Business (A.O.B)</u>	
3.1	AB to ensure that Zaheda Noor from the Public Health Team is invited to future meetings.	AB
4.00	<u>Time and Date of next Meeting</u>	
4.1	Monday 28 th October 2013, 10am, Reginald Centre – AB to book venue	AB

Appendix 1

Health and Wellbeing Health Activity Inner East Leeds as of September 2013

Action	Who's involved	Current position	Next steps/outcome
<p>Childhood Obesity</p> <p>Rationale Priority within the H &WB Strategy</p> <p>Health and Wellbeing Team approached to develop joint Health/Children's Services project in Seacroft/Manston cluster</p>	<p>Alison Cater (PH Specialist Children's Directorate) Janet Smith</p> <p>Feel Good Factor Liz Bailey Janet Smith Joanne Buck Mark Smith Alison Cater</p>	<p>Harehills Project has been running for some time. Model rolled out to Richmond Hill.</p> <p>Janet Smith arranging training for frontline staff from Alison Cater</p>	<p>Using learning from/rolling out /adapting model to Seacroft Manston Cluster & other hotspots</p> <p>Training for frontline staff planned. Exploring usefulness of EPODE principles</p>
<p>Reducing damage caused by smoking & tobacco use</p> <p>Rationale Priority within the H &WB Strategy</p>	<p>Liz Bailey Janet Smith Babul Hussein Safina Sher</p> <p>Liz Bailey Claire Billingham Sally Hoy Karen Umpleby</p> <p>Liz Bailey Karen Haw (SSS Service) Vicky Walker (Respiratory Team)</p> <p>Janet Smith Vicky Walker</p>	<p>Niche tobacco project Harehills (Shisha and chewing tobacco)</p> <p>Young People's Smoking behaviour questionnaire Inner East Leeds</p> <p>COPD screening questionnaire through stop smoking service (Bellbrooke Surgery)</p> <p>Referral and follow up to preventative services</p>	<p>Dedicated Team contacting groups, mosques, staff etc to raise awareness, quit support group at Shantona Going well good engagement and coverage</p> <p>Draft report written up and distributed to youth staff for comments. (Draft report attached for information but not for wider circulation or discussion as yet please)</p> <p>Still awaiting spirometry results of people identified to assess effectiveness of method. Practice nurse now picked up again.</p> <p>Evaluation of events done.</p> <p>Developing training package for voluntary sector workers to deliver further events in</p>

Appendix 1

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	<p>Harehills Healthy Living Group</p> <p>Louise Cresswell Burmantofts Health Improvement Partnership / RH HWB Partnership</p> <p>Feel Good Factor Zest Health for Life ELHFA Space 2 Louise Cresswell (contract mgr - LCC)</p>	<p>via community Lung Health events</p> <p>General smoking cessation work in Harehills. Planning a community event for October 2013 'Stoptober to link with additional community signposting and awareness activities.</p> <p>Develop activity to address the impact of smoking /secondhand smoke</p> <p>Health For All delivering Smoke Free Homes work in B and RH.</p> <p>Third sector contracts include referral to stop smoking service</p>	<p>Oct & Nov</p> <p>Gap in ENE H &WB team and other teams but replacement capacity doesn't seem likely at the moment</p> <p>Developing action plan for 2013/14 Third sector agencies to support roll-out of stoptober campaign</p> <p>Review of Third Sector contracts for 2013/14 underway. To include effectiveness of current referrals</p>
<p>Diabetes awareness raising & prevention</p> <p>Rationale Harehills identified as prevalence hot spot by JSNA</p>	<p>Liz Bailey Corrina Lawrence £6,000 one off Public Health funds for Feel Good Factor to develop</p>	<p>487 people provided with diabetes related information over 1 year in Harehills and Chapeltown MSOAs</p>	<p>Follow on work now responding to request for targeted information for South Asian/African/Carribbean groups around healthy traditional diets (FGF have reported that Nutritionist, who was to do this work has pulled out. Looking for another route to deliver)</p>
<p>Reducing Harm of alcohol use</p> <p>Rationale Priority within the H &WB Strategy</p>	<p>Liz Bailey Becky Malby (Leeds Uni) Service users</p> <p>Liz Bailey</p> <p>Liz Bailey</p>	<p>Co-producing health group working with service users to design and commission services in LS14</p> <p>Delivery of ENE wide multi-agency alcohol harm reduction plan</p> <p>Discussions held with</p>	<p>Successful community event held in Seacroft 11th July 2013. Community ideas fed into refreshed Drug & Alcohol Strategy & a number of groups progressing local actions including integration with Citizens@leeds</p> <p>Preparing draft outline/bid of an ENE</p>

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	Rory Barke	Public Health England re support available to help set up Local Alcohol Action Areas	LAAA ready for expressions of interest being released by Home Office
	Liz Bailey Louise Cresswell	Arranging training to enable non health professionals e.g. social workers, to use Audit C screening to identify and signpost those with alcohol issues	
	Louise Cresswell	Burmantofts / RH Alcohol sub group established – first meeting 9 th Sept 2013	To develop local area alcohol action plan. Share of 3K locality monies for alcohol work allocated.
		ELHFA leading alcohol peer support project in the Burmantofts area	To provide support to further develop peer support project
Financial Inclusion Rationale Help mitigate potential negative impact of Welfare Reforms	Louise Cresswell Zaheda Noor	Video clip developed to raise awareness around illegal money lending and support services available. This was played on life channel screens in health centres/GP clinics in East Leeds – Jun 2013	Illegal money lending clip to be disseminated in wider settings eg Children's Centres
		Money skills / budgeting train the trainer course developed	Course to be piloted. Resource to go to design. Launch and roll out
		Illegal money lending briefing for front line staff delivered June 2013.	30 staff in attendance. Increase in referrals through to EGAC from staff attending event. To explore opportunities to further roll out money buddies project in East Leeds.
Welfare Reforms		FGF funded by PH and Area Committee to support and engage most vulnerable and hard to reach residents in East Leeds around	Commissioned until June 2014

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		the Welfare Reforms. Contribute to relevant local partnerships eg East Leeds Debt Forum, East Leeds Welfare Reforms Project Group	
<p>Mental Health/Suicide Prevention</p> <p>Rationale Suicide Audit & Councillor/local concerns</p>	<p>Cllr Ron Grahame Liz Bailey Sylvia Landells (ASC)</p>	<p>One meeting already held. Request for HIM input.</p> <p>Second meeting not yet held</p> <p>Mental health/suicide prevention training opportunities circulated</p>	<p>Community Sub group of citywide Suicide Group has identified key actions, which will be relevant</p> <p>5K now allocated to mental health promotion. Increase number of key workers and community members trained to identify/signpost/support those at risk of suicide</p> <p>(Awaiting a breakdown to assess number of ENE applicants for training)</p>
<p>Lifestyle and wider determinants health check for private sector tenants</p> <p>Rationale Targets vulnerable families and offers support on a number of health/welfare issues</p> <p>Tackle 'people centred' issues alongside structural improvements to housing in Cross Green</p>	<p>Liz Bailey Housing Providers Gemma Mann Health Trainers</p> <p>Dawn Bailey Liz Bailey</p>	<p>Project plan discussed. Further discussions with HTs and Housing arranged</p> <p>Workshop of key officers in September</p>	<p>Identify and support at risk tenants and assist early intervention. Link to Health Trainers, Leeds Let's Change, Financial Inclusion and mental health/suicide audit</p> <p>Met with Connect Housing Rep with a view to identifying vulnerable individuals/families. Also work to be done on 'why tenancies fail'</p> <p>Develop and deliver work around sustainable communities in Cross Green</p>
<p>Deliver 'Health is Everyone's Business' training</p> <p>Rationale Priority for ENE ALT</p>	<p>Louise Cresswell Zaheda Noor</p>	<p>Paper/project plan presented to ALT. Training to be rolled out to frontline staff in the B/RH area – 7th Oct.</p>	<p>Ensure non health staff are delivering targeted health promotion messages to vulnerable people</p>

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		Session also arranged for Housing workers involved in Nowells Neighbourhood Approach work	
<p>Long Term conditions management</p> <p>Rationale Linked to priority within the H &WB Strategy</p>	Liz Bailey Janet Smith Vicky Walker LCHCS(Respiratory Team)	<p>Support Breathe COPD management group including inhaler technique initiatives (Seacroft)</p> <p>Contribute towards 'Know it Check it Treat It'</p>	<p>Support Funding requests and DVD development/targeted action £5,000 secured to finalise DVD after which campaign is being planned (Autumn 2013)</p> <p>Campaign completed & evaluated 2012 Planning similar for 2013 Leading on 2013 campaign, training for 3rd sector roll out organised for early October, events being booked in for October and November</p>
Build community capacity by developing Practice Health Champions	Liz Bailey Louise Cresswell	This project will be delivered in the Inner East practices that are within LCC ENE boundary, but in South & East CCG Similar project for Leeds North CCG	<p>250K provided by S &E CCG for coverage of all 44 of its practices. Includes some in Inner East</p> <p>Steering Group formed but work suspended. Model has been reviewed.</p>
<p>Reducing isolation and increase access to services for older people living in Harehills</p> <p>Rationale Identified local need</p>	Harehills Healthy Living Group SENs Project Janet Smith	SENs project providing funding for a publication detailing older people's activities and services to distribute throughout Harehills.	Funding agreed, Launch September at Compton Centre Library. Aim to link to regular older people's information/social group
<p>Increase levels of physical activity in those with or at risk of long term health conditions</p> <p>Rationale Linked to priority within the H &WB Strategy</p>	Janet Smith Hamara ECHO Centre Zest Health for Life	<p>Third Sector commissioned to support Walking for Health groups which meet weekly for short local walks in Harehills and the city centre</p> <p>Action in service plan around increasing cycling and promoting Leeds Let's get Active</p>	

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<p>Establish Seacroft Health Improvement Group in Seacroft</p> <p>Rationale Build capacity of partners to deliver Health and Wellbeing priorities</p>	<p>Janet Smith Space 2 Seacroft Health Improvement Group</p>	<p>First meeting held April. Initial priority to focus on children's obesity. Mapping exercise carried out at the second meeting to investigate assets and links in the community to inform Health Needs Assessment</p>	<p>Initial plans are being made around future actions for: Oral Health Mental Health Physical Activity Smoking Reduction</p> <p>Further planning and delivery of projects to be carried out Project outline written for additional delivery of cooking courses in Seacroft, linking in with citywide strategy for Cook 4 Life and the Ministry of Food, requests for costings have been sent to Inner East 3rd Sector organisations</p>
<p>Establish Gipton Health Improvement Group in Gipton</p> <p>Rationale Build capacity of partnerships to deliver Health and Wellbeing priorities</p>	<p>Janet Smith Space 2 Gipton Health Improvement Group</p>	<p>2 meetings have been held, initial priorities agreed around obesity, oral health, smoking reduction, physical activity, cancers, mental health</p>	<p>Map current provision, identify scope for future actions, plan and deliver projects</p>
<p>Increasing Early detection of lung cancer</p> <p>Rationale Linked to priority within HWB strategy</p> <p>High prevalence of lung cancer in deprived communities – Inner East Leeds</p>	<p>Louise Cresswell (contract Manager) Feel Good Factor</p>	<p>FGF commissioned to raise awareness around the signs and symptoms of lung cancer and to support people from target communities in inner east Leeds to access the self-referral chest x ray clinics</p>	<p>Intended outcome – Increased early detection of lung cancer</p> <p>Will make enquiries as to whether update report available & will distribute</p>
<p>Lead and drive forward development of local HWB activity in B/RH through partnership working</p> <p>Rationale Build capacity of partnerships to deliver Health and Wellbeing priorities</p>	<p>Louise Cresswell Burmantofts Health Improvement partnership Richmond Hill Health and Well-being Partnership</p>	<p>Regular meetings held Action plan 2013-14 developed</p>	